


Name of app		ios Android	Voided volume	Day/ night	Urgency	Inconti-n ence	Degree of inconti-ne nce	Pad usage/ change	Amount Fluid intake	Type of fluid	Pros and cons	Stars
My bladder Pal 2		ios	✓	✗	✗	✓	✗	✓	✓	✗	Pros: - easy to use Cons: - xls file does not open - terminology (voided volume=output)	★★★
Vesica https://www.vesicaapp.com/		ios	✓	✓	✓	✓	✗	✗	✓	✓	Pros: -pdf to email -website -good layout cons: -totals not calculated	★★★★★
IUFlow https://iuflow.com/iuflow-app-voiding-diary-app/		ios android	✓	✓	✓	✓	✓	✗	✓	✓	Pros: -tutorials. -easy to use -attractive report cons: -no totals calculated	★★★★★
Uritrack		android	✓	✗	✓	✓	✓	✗	✓	✓	Pros: -Easy to use -Relatively complete Cons: -layout output is Csv file (raw data).	★★★
Voiding diary		android	✓	✓	✗	✓	✓	✗	✓	✓	Pros: -Totals nicely calculated in app but not in csv file in email -User friendly layout -Relatively complete	★★★

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Easy urination diary		android	✓	✗	✗	✗	✗	✗	✓	✓	Cons: -terminology. -Lots of advertisements	★